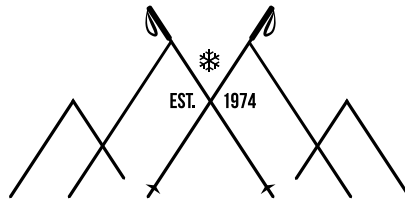


49th ANNUAL



VAIL OB-GYN CONFERENCE

Week of Presidents' Day
February 18-23, 2024
Vail, Colorado

**2024
Syllabus**

Now available!

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Presented by



Obstetrics and Gynecology

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Welcome to

the 49th ANNUAL



VAIL OB-GYN CONFERENCE

Conference Co-Directors

Ronald S. Gibbs, MD

Vail Conference Co-Director
Professor Emeritus
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine

K. Joseph Hurt, MD, PhD

Vail Conference Co-Director
Associate Professor
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine

Carolyn Lefkowitz, MD, MPH, MS

Vail Conference Co-Director
Associate Professor and Colibri Endowed Professor
in Ovarian and Gynecologic Cancer Education
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine

Nanette F. Santoro, MD

Vail Conference Co-Director
Professor and E. Stewart Taylor Chair
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine

L. Chesney Thompson, MD

Vail Conference Director
Professor and Vice Chair
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine

Conference Learning Objectives

At the end of this activity, learners will be able to:

1. Identify increased obesity-related risks in pregnancy.
2. Develop treatment strategies for Von Willebrand disease in reproductive age women.
3. Counsel prospective patients on preimplantation genetic testing.
4. Implement appropriate DVT prophylaxis in obstetric candidates.
5. Identify risk factors for development of anal dysplasia in women.

Conference Accreditation

The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of 20.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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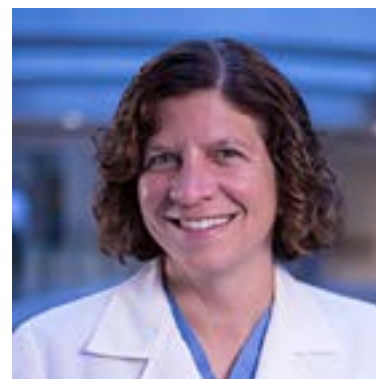
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FEATURED GUEST SPEAKERS



Makeba Williams, MD, NCMP

Associate Professor
Vice Chair of Professional Development and Wellness
Division of Academic Specialists in Obstetrics and Gynecology
Department of Obstetrics and Gynecology
Washington University School of Medicine in St. Louis



Torri Metz, MD, MS

Associate Professor and Division Chief
Vice Chair of Research of Obstetrics and Gynecology
Division of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology
University of Utah School of Medicine



Margareta D. Pisarska, MD

Professor
Director, Division of Reproductive Endocrinology and Infertility
Director, Fertility and Reproductive Medicine Center
Director, Reproductive Endocrinology and Infertility Fellowship
Division of Reproductive Endocrinology & Infertility
Department of Obstetrics and Gynecology
Cedars-Sinai Medical Center

CONFERENCE FACULTY



Christy Angerhofer
Health Equity Education and Training
Program Manager
Office of Diversity, Equity, Inclusion
& Community Engagement
University of Colorado Anschutz Medical Campus



Jaime Arruda, MD
Professor of Clinical Practice
Director Robotic Surgery for UCHealth
Division of Gynecologic Oncology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Akshay Chauhan, MD
Associate Professor
Division of GI, Trauma, and Endocrine Surgery
Department of Surgery
University of Colorado, School of Medicine



Josephine C. Chou, MD, MS
Assistant Professor
Director, Cardio-Obstetrics Program
Division of Cardiology
Department of Medicine
University of Colorado, School of Medicine



Cara Clure, MD, MSCS
Assistant Professor
Division of Family Planning
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Christine Conageski, MD, MSc
Associate Professor
Residency Program Director
Division of Academic Specialists in Obstetrics
and Gynecology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Henry L. Galan, MD
Professor
Co-Director, Colorado Fetal Care Center
Division of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Lauren Harrington, MD
Assistant Professor
Associate Division Chief
Division of Academic Specialists in Obstetrics
and Gynecology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Jake Hirshberg, MD
Assistant Professor
Division of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Patricia Huguelet, MD
Associate Professor and Section Chief
Fellowship Director
Medical Director, Spots and Dots Clinic, Hemophilia
and Thrombosis Center
Section of Pediatric and Adolescent Gynecology
Division of Academic Specialists in Obstetrics
and Gynecology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine

CONFERENCE FACULTY



Carolyn Lefkowitz, MD, MPH, MS
Associate Professor and Colibri Endowed Professor
in Ovarian and Gynecologic Cancer Education
Vice-Chair of Education
Fellowship Director
Division of Gynecologic Oncology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



S. Alex Mastroyannis, MD, MSCE
Assistant Professor
Division of Gynecologic Oncology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Michael T. McDermott MD
Assistant Professor
Division of Endocrinology, Metabolism and Diabetes
Department of Medicine
University of Colorado, School of Medicine



Lauren Rascoff, MD
Assistant Professor
Assistant Residency Program Director
Division of Urogynecology and Reconstructive
Pelvic Surgery
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Nanette F. Santoro, MD
Professor and E. Stewart Taylor Chair
Divisions of Reproductive Endocrinology and Infertility
& Reproductive Sciences
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Shannon Son, MD, MSCI
Assistant Professor
Division of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



L. Chesney Thompson, MD
Professor and Vice Chair
Division of General Obstetrics and Gynecology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Gabrielle Whitmore, MD, MBS
Assistant Professor
Division of Academic Specialists in Obstetrics
and Gynecology
Department of Obstetrics and Gynecology
University of Colorado, School of Medicine



Cristina Wood, MD
Associate Professor and Section Chief
Medical Director Obstetric Anesthesia Maternal
Fetal Care Unit
Section of Anesthesia OB-GYN
Department of Anesthesiology
University of Colorado, School of Medicine

Sunday, February 18, 2024

4:00 PM Welcome

4:15 PM What Is the “Pink Tax”, Why Are Our Patients Paying It, and What Can We Do About It?

Nanette F. Santoro, MD
University of Colorado, School of Medicine

4:45 PM Q&A

5:00 PM Featured Guest Speaker

“What Are My Options?”: Nonhormone and Hormone Management of Vasomotor Symptoms

Makeba Williams, MD, NCMP
Washington University School of Medicine in St. Louis

5:30 PM Q&A

5:45 PM Type 2 Diabetes Mellitus New Medications to Treat Co-Morbidities

Michael T. McDermott MD
University of Colorado, School of Medicine

6:15 PM Q&A

6:30 PM – Reception

7:30 PM

**Please note that schedule and speakers are subject to change.*



Monday, February 19, 2024

6:45 AM Breakfast on Menopause Therapies, sponsored by Astellas**
Makeba Williams, MD, NCMP; Nanette F. Santoro, MD
Washington University School of Medicine in St. Louis; University of Colorado, School of Medicine

7:15 AM Featured Guest Speaker
**The Utilization of Assisted Reproductive Technologies —
It Is Not Just for Fertility Treatment**
Margareta D. Pisarska, MD
Cedars-Sinai Medical Center

7:45 AM Q&A

7:55 AM Featured Guest Speaker
“Can We Talk?”: Genitourinary Symptoms of Menopause in Cancer Survivors
Makeba Williams, MD, NCMP
Washington University School of Medicine in St. Louis

8:25 AM Q&A

8:35 AM Anal Cancer Screening: What the OB-GYN Needs to Know
Christine Conageski, MD, MSc
University of Colorado, School of Medicine

9:05 AM Q&A

**9:15 AM –
3:30 PM Mid-Day Break**

**3:30 PM –
4:00 PM Après-Ski**

4:00 PM Featured Guest Speaker
“Back so soon?”: Postmenopausal and Perimenopausal Bleeding
Makeba Williams, MD, NCMP
Washington University School of Medicine in St. Louis

4:30 PM Q&A

4:45 PM Break

5:00 PM Featured Guest Speaker
Diagnosing Infertility — Helping Your Patients Through the Process
Margareta D. Pisarska, MD
Cedars-Sinai Medical Center

5:30 PM Q&A

5:40 PM Featured Guest Speaker
“I wasn’t expecting you so soon”: Premature Menopause Management
Makeba Williams, MD, NCMP
Washington University School of Medicine in St. Louis

6:10 PM Q&A

6:20 PM Adjourn

Tuesday, February 20, 2024

6:45 AM Breakfast with Professors

Jaime Arruda, MD | Alex Mastroyannis, MD, MSCE | Cara Clure, MD, MSCS
Margareta D. Pisarska, MD | Conference Directors

7:15 AM How to Develop a Culture of Safety and Quality in the OR

Jaime Arruda, MD
University of Colorado, School of Medicine

7:45 AM Q&A

7:55 AM Lower Genital Tract Dysplasia: Review and Updates

S. Alex Mastroyannis, MD, MSCE
University of Colorado, School of Medicine

8:25 AM Q&A

8:35 AM What's New and on the Horizon in Contraception?

Cara Clure, MD, MSCS
University of Colorado, School of Medicine

9:05 AM Q&A

9:15 AM –
3:30 PM **Mid-Day Break**

3:30 PM –
4:00 PM **Après-Ski**

4:00 PM Featured Guest Speaker

Preconception Genetic Carrier Screening and PGT

Margareta D. Pisarska, MD
Cedars-Sinai Medical Center

4:30 PM Q&A

4:45 PM Break

5:00 PM Palliative Care in Obstetrics & Gynecology

Carolyn Lefkowitz, MD, MPH, MS
University of Colorado, School of Medicine

5:30 PM Q&A

5:40 PM Featured Guest Speaker

How Infertility and Treatments Can Affect Human Placenta Function

Margareta D. Pisarska, MD
Cedars-Sinai Medical Center

6:10 PM Q&A

6:20 PM Adjourn

Wednesday, February 21, 2024

6:45 AM Breakfast with Professors

Josephine C. Chou, MD, MS | Henry L. Galan, MD | Akshay Chauhan, MD | Conference Directors

7:15 AM My Achy Breaky Heart: Heart Failure and Pregnancy

Josephine C. Chou, MD, MS

University of Colorado, School of Medicine

7:45 AM Q&A

7:55 AM Alloimmune Disorders in Pregnancy (RBC & Thrombocytopenia)

Henry L. Galan, MD

University of Colorado, School of Medicine

8:25 AM Q&A

8:35 AM Metabolic Bariatric Surgery in Women's Health

Akshay Chauhan, MD

University of Colorado, School of Medicine

9:05 AM Q&A

9:15 AM – 3:30 PM Mid-Day Break

3:30 PM – 4:00 PM Après-Ski

4:00 PM Featured Guest Speaker

Are We Post-Pandemic? What's Next in COVID Management and Prevention

Torri Metz, MD, MS

University of Utah School of Medicine

4:30 PM Q&A

4:45 PM Break

5:00 PM Management of Inherited Bleeding Disorders in Obstetrics and Gynecology

Patricia Huguelet, MD

University of Colorado, School of Medicine

5:30 PM Q&A

5:40 PM Justice/Equity in OB-GYN

Gabrielle Whitmore, MD, MBS

University of Colorado, School of Medicine

Christy Angerhofer

University of Colorado Anschutz Medical Campus

6:10 PM Q&A

6:20 PM Adjourn

Thursday, February 22, 2024

6:45 AM Breakfast with Professors

Patricia Huguelet, MD | Christy Angerhofer | Lauren Harrington, MD | Torri Metz, MD, MS
Conference Directors

7:15 AM Featured Guest Speaker

**Cannabis Use During Pregnancy and While Breastfeeding:
Sorting Through Hazy Evidence**

Torri Metz, MD, MS
University of Utah School of Medicine

7:45 AM Q&A

7:55 AM Female Sexual Medicine

Lauren Harrington, MD
University of Colorado, School of Medicine

8:25 AM Q&A

8:35 AM Primary HPV Screening: Is It Coming? Is That OK? Should We Do It? Do We Have a Choice? Does It Matter? What Next?

L. Chesney Thompson, MD
University of Colorado, School of Medicine

9:05 AM Q&A

9:15 AM –
3:30 PM **Mid-Day Break**

3:30 PM –
4:00 PM **Après-Ski**

4:00 PM Postpartum Laceration Complications and Management

Lauren G. Rascoff, MD
University of Colorado, School of Medicine

4:30 PM Q&A

4:45 PM **Break**

5:00 PM Hypoventilation, Hypoxia, and Hypercapnia Oh My! Pulmonary Disorders in Pregnancy

Jake Hirshberg, MD
University of Colorado, School of Medicine

5:30 PM Q&A

5:40 PM Featured Guest Speaker

Hot Articles: Practice-Changing Publications in OB Research

Torri Metz, MD, MS
University of Utah School of Medicine

6:10 PM Q&A

6:20 PM **Adjourn**

Friday, February 23, 2024

6:45 AM Breakfast with Professors

Lauren G. Rascoff, MD | Jake Hirshberg, MD | Shannon Son, MD, MSCI | Cristina Wood, MD
Conference Directors

7:15 AM Lactation Suppression After Delivery or Termination

Shannon Son, MD, MSCI
University of Colorado, School of Medicine

7:45 AM Q&A

7:55 AM What's New in Anesthetic Management for OB-GYN Patients

Cristina Wood, MD
University of Colorado, School of Medicine

8:25 AM Q&A

8:35 AM Featured Guest Speaker

Venous Thromboembolism Prevention in Obstetric Practice

Torri Metz, MD, MS
University of Utah School of Medicine

9:05 AM Q&A

9:15 AM Adjourn

**Please note that schedule and speakers are subject to change.*

Save the date!

50th ANNUAL



**VAIL OB-GYN
CONFERENCE**

Week of Presidents' Day
February 16-21, 2025
Vail, Colorado



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